

IT WILL COST YOU MORE THAN A NEW PAIR OF JEANS



Quitting smokeless tobacco can be just as challenging as quitting smoking. Enroll today Quitline Iowa to gain access to a highly trained Quit Coach® staff member who will help you set a quit date and provide the ongoing support you need to become free from tobacco. When you join the program, you may be eligible to receive 8 weeks of free NRT, which includes a choice of patch, gum, or lozenge.

It's FREE. It's confidential. It works.

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Produced with funding from the Iowa Department of Public Health, Division of Tobacco Use Prevention and Control.

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